

TOREAGH PRIMARY SCHOOL

Child Protection/Safeguarding Team

Designated Teacher: Miss Morrow (lmorrow225@c2kni.net)
Deputy Designated Teacher: Mrs Wells (ywells497@c2kni.net)
School Governor: Mrs H Apsley (brian_apsley@fastmail.co.uk)

The weather was kind to us today and we were able to have our first outdoor assembly. It was great to have the whole school together!

Friends of Toreagh

Unfortunately, the meeting today had to be cancelled. It will now take place on Friday 20th October 2023 at 2.00pm. Everyone is welcome to come along and get involved, we really would appreciate your support!

Please Label/Name

Please ensure all items of clothing are labelled with your child's name clearly. A significant number of sweatshirts have no name. Children should now bring a coat to school as the weather is getting colder.

Ipads

We need to update and replenish our ipads. 20 ipads will cost £8000. I have written to a selection of businesses looking for their help in achieving this goal. If you would like to donate towards this or you work for a company/business who might be able to help, please let Miss Morrow or Mrs Wells know.

Can You Help?

Would you have a few hours to spare? We need our wooden play equipment 'sanded down' and treated with wood preserver. If you are able to help, please contact Mrs Wells or Miss Morrow.

Diary Dates

Friday 20 th October	Flu vaccination
Saturday 21 st October	SEAG Familiarisation Morning 9.30am – 11.00am at Larne Grammar School
Monday 23 rd – Thursday 26 th October	Parent Interviews – school will close for all at 1.00pm.
Friday 27 th October	School will finish at normal time 2.00pm
Monday 30 th October - Friday 3 rd November (inclusive) Half Term.	

Open Evening for New Families & P1 Intake 2024

Thursday 16th November 2023 6.30 – 7.30pm

If you know of anyone who is interested in sending their child to our school, please let them know about our Open Evening or ask them to get in touch with us with their details. School number 028 2826 0617.

To help us update our records if there are any younger siblings of our current families, please contact the school office to give their details.

Christmas Pantomime 'Rapunzel'

The whole school will visit the pantomime in Waterfront Hall, Belfast on Wednesday 20th December. The cost is £12.50 per child and should be brought to school by Friday 24th November. Transport will be provided by Travelwise Coaches, this will be paid for by 'Friends of Toreagh.'

Competition Time

I can't believe we are talking about Christmas already, but this year I would like my Mayoral Christmas card to be designed by one of our primary school children.

The winning design will go out on all my Christmas cards and I will formally present a card and gift to the winner at their primary school! Two runners up will also get a visit and some goodies!


Please note:

- You must be a resident of Mid and East Antrim and attend a primary school in the borough.
- To submit your design, please email mayors.office@midandeastantrim.gov.uk or you can post it to me at: Mayor's Office, The Braid, 1-29 Bridge Street, Ballymena, BT43 5EJ.
- Please state your full name, age, primary school, and contact details.
- Closing date is Wednesday 25th October 2023.

Best of luck!

Office Of The Mayor

The Braid
1-29 Bridge Street
Ballymena
BT43 5EJ

 028 2563 3198

 25098

 mayors.office@midandeastantrim.gov.uk

 www.midandeastantrim.gov.uk



EMOTIONAL HEALTH AND WELLBEING IN EDUCATION



THERE ARE A RANGE OF SERVICES AND RESOURCES AVAILABLE TO HELP SUPPORT THE EMOTIONAL HEALTH AND WELLBEING OF CHILDREN AND YOUNG PEOPLE IN EDUCATION. CLICK ON THE LINKS FOR MORE INFORMATION

CHILDREN AND YOUNG PEOPLE

TEXT A NURSE

The confidential Text A Nurse service for post-primary pupils is available Monday to Friday 9am-5pm. Contact numbers for your area can be found on the PHA website - [Text A Nurse - pupils](#)

INDEPENDENT COUNSELLING SERVICE FOR SCHOOLS (ICSS)

Available to post-primary age young people - ask your school / setting for more details.

YOUTH WELLNESS WEB

Website by Children and Young People's Strategic Partnership (CYPSP) providing a range of wellbeing resources - [Youth Wellness Web](#)

OUR GENERATION APP

The Our Generation App (Peace IV funded project) - play games, collect stars and learn about mental health and resilience. Download from [Google Play](#) or [Apple Store](#)

PARENTS/ CARERS

TEXT A NURSE

The confidential Text A Nurse service is available Monday to Friday 9am-5pm and can be accessed by parents, carers and school staff. Contact numbers for your area can be found on the PHA website - [Text A Nurse](#)

SOLIHULL ONLINE COURSES

Free online courses for all parents, carers, grandparents and teens. Nurturing emotional health and wellbeing from bump to 19+ years. Help understand your child's feelings as well as your own - find out more at [Northern Ireland - inourplace](#)

RISE NI

RISE NI Website provides information for parents from health professionals to help develop the foundational skills for learning. Visit [RISE NI](#) for more information.

SCHOOLS

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RISE NI

Contact your local Health Trust Coordinator for more information.

REACH

Education Authority Youth Service led programme available in schools for children and young people aged 6-19. Visit [REACH](#) to submit a request for support.

BEING WELL DOING WELL

The [Being Well Doing Well](#) programme aims to support schools (nursery, primary, post primary, special and EOTAS) to develop a Whole School Approach to Emotional Health and Wellbeing.

EMOTIONAL WELLBEING TEAMS IN SCHOOLS

Health practitioner support for post-primary schools. Find out more at [Schools - EWTS](#).

CCEA WELLBEING HUB

The hub provides a range of helpful and relevant learning activities that can support promoting mental health and wellbeing. Click [Schools - CCEA Hub](#) to find out more.

EA HEALTH WELL HUB

Health and Wellbeing support for staff. Click [EA Health Well Hub](#) to find out more.

FURTHER INFORMATION

YOUR CHILD'S MENTAL HEALTH

Visit [NI Direct](#) for more information.

DIRECTORY OF SERVICES

These directories list the organisations that offer services to help improve mental health and emotional wellbeing. Find out more at [Directory of Services](#).

TAKE 5 STEPS TO WELLBEING

Most of us know when we are mentally and physically well, but sometimes we need a little extra help to keep well. Find out more at [Take 5 Steps](#).

SUPPORTING LEARNING

Useful information on helping your child with their education. Find out more on [NI Direct](#).

The Department of Education recognises the importance of emotional health and wellbeing and in collaboration with the Department of Health published the Emotional Health and Wellbeing in Education Framework in 2021 where you can find out more - [EHW in Education Framework](#)

